



## ADAPTIVE DANCE PROGRAM\*

\*The Adaptive Dance program is funded in part by ArtsFairfax.

### 2025-2026 Class Schedule

**10-week Fall Session: September 14th, 2025 - December 5th, 2025**

**8-week Winter Session: January 26th, 2026 - March 20th, 2026**

**8-week Spring Session: April 6th, 2026 - May 29th, 2026**

Tuesday			
4:45PM-5:30PM	• Elementary Adaptive Dance	• Gilmore/Wilde	• Studio B
5:30PM-6:30PM	• Secondary Adaptive Dance	• Gilmore/Wilde	• Studio B
Friday			
6:00PM-7:00PM	• Secondary Adaptive Dance	• Gilmore/Wilde	• Studio C

Pricing	
<b>Elementary Ages 5-9</b>	\$300 - 10 week session \$240 - 8 week session
<b>Secondary Ages 10 and up</b>	\$250 - 10 week session \$200 - 8 week session

- **Elementary Adaptive**, ages 5-9.
- **Secondary Adaptive**, ages 10 and up.
- Due to the nature of this program, there will be no trial class allowed.
- **Prior to registering**, parents must participate in an intake interview to ensure this program will benefit their child, and that the staff are well informed and prepared to meet each student's needs. Registration is not possible without an intake interview. Please contact [christinegilmore@vaballet.org](mailto:christinegilmore@vaballet.org) to schedule.
- We are committed to work with each family to provide a **safe and enjoyable dance experience** for every student. Our goal is to make enjoying dance accessible to everyone!
- VBC's Adaptive Dance Program is for students who need additional support to participate in dance class. Our classes feature elements of Ballet, Modern, creative movement, rhythm, and a live musician. Classes are planned with a variety of **ways to modify and adapt** as needed. Our students have multiple **opportunities to perform** with their peers.
- All of our program's teaching staff have completed Boston Ballet's Adaptive Dance Teacher Training Program and have experience in dance, education, and working with disabilities. **We are equipped** to teach dance to individuals with physical, developmental, and intellectual disabilities, behavioral needs, and sensory needs.

*\*Class schedule is subject to change. Virginia Ballet Company and School reserves the right to substitute instructors or to add, cancel, or combine classes on the class schedule based on enrollment.*