

Virginia Ballet Company and School
2025-2026 Fall Curriculum Class Schedule
Adult Dance Program
January 26, 2026- June 6, 2026

Monday			
10:00AM-11:30AM	• Intermediate I Ballet	Miegel	Studio A
11:30AM-12:30PM	• Dynamic Flexibility	Miegel	Studio A
7:30PM-8:30PM	• Beginning I Ballet	Hart	Studio D/E
7:30PM-9:15PM	• Intermediate II Ballet & Pointe	Mohamed	Studio A
7:30PM-8:30PM	• Stretch Tone Yoga (Zoom)	Mirabello	Zoom
8:00PM-9:00PM	• Jazz	Kudinova	Studio B
Tuesday			
10:00AM-11:00AM	• Beginning Tap II	Miegel	Studio A
11:00AM-12:30PM	• Intermediate II Ballet	Mizzoni	Studio A
12:45PM-1:15PM	• Beginning/Intermediate Pointe (By Invitation Only)	Mizzoni	Studio A
6:45PM-8:15PM	• Beginning II Ballet	Bernero	Studio B
7:45PM-8:45PM	• Beginning I Ballet	Normann	Studio A
7:45PM-8:45PM	• Intermediate Tap	Miegel	Studio D/E
Wednesday			
10:00AM-11:30AM	• Intermediate II Ballet	Fadeyeva	Studio A
11:45AM-12:15PM	• Beginning/Intermediate Pointe (By Invitation Only)	Fadeyeva	Studio A
5:30pm-6:30pm	• Musical Theatre	Siller	Studio A
6:30PM-7:45PM	• Intermediate I Ballet	Gilmore	Studio D/E
7:15PM-9:00PM	• Intermediate II Ballet & Pointe	Mohamed	Studio B
7:30PM-8:30PM	• Stretch Tone Yoga (Zoom)	Mirabello	Zoom
7:45PM-8:30PM	• Pointe Prep/Beginning Pointe	Gilmore	Studio D/E
8:00PM-9:00PM	• Flamenco	Fadeyeva	Studio A
8:00PM-9:00PM	• Int I Modern/Contemporary	Toth	Studio C
Thursday			
9:15AM-10:15AM	• Center Floor Barre	Rubin	Studio A
10:15AM-11:45AM	• Intermediate I Ballet	Rubin	Studio A
6:30PM-7:30PM	• Jazz	Hart	Studio B
6:45PM-8:00PM	• Beginning II Ballet	Wilde	Studio D/E
Friday			
6:00PM-8:00PM	• Ballroom	Smith	Black Box
7:15PM-8:15PM	• Beginning Tap I	Miegel	Studio D
Saturday			
8:30AM-10:00AM	• Intermediate II Ballet	Bernero	Studio A
10:00AM-11:00AM	• Beginning I Ballet	Bernero	Studio A
11:00AM-12:00PM	• Mat Pilates (2nd and 4th Sat/mo)	Wilklow	Studio B
2:00PM-3:00PM	• Beginning/Intermediate Modern	Miegel	Black Box

Class Cards/Drop In Rate/Unlimited passes:

Class Drop-in Rate: \$20 per class	10 Class Card: \$165 (Valid for 6 months)
Unlimited 30 day Class Pass: \$175	20 Class Card: \$295 (Valid for 6 months)
College Student Class Card Rates (valid ID required): 10 class card - \$75 and 20 class card - \$125 (both valid for 6 months)	

* Active duty military discount of 10% off applies to full price class cards and is not valid on student rates, drop in, or unlimited pass

**Class schedule is subject to change. Virginia Ballet Company and School reserves the right to substitute instructors or to add, cancel, or combine classes on the class schedule based on enrollment.*

11/23/2025