

Virginia Ballet Company and School
2025 Summer Program • June 23rd– August 9th (7-Weeks)*

Summer Adult Dance Program 2025

Monday			
10:00AM-11:30AM	• Advanced Beginning Ballet	• Miegel	• Studio A
11:30AM-12:30PM	• Dynamic Flexibility	• Miegel	• Studio A
5:00PM-6:00PM	• Mat Pilates	• Wilklow	• Black Box
6:00PM-7:00PM	• Jazz	• Kudinova	• Studio A
7:00PM-8:00PM	• Beginning Ballet	• Kudinova	• Studio B
7:30PM-9:15PM	• Intermediate Ballet & Pointe	• Mohamed	• Studio A
7:30PM-8:30PM	• Stretch Tone Yoga (Zoom)	• Mirabello	• Zoom
Tuesday			
10:00AM-11:30AM	• Intermediate Ballet	• Mizzoni	• Studio A
11:30AM-12:00PM	• Beginning/Intermediate Pointe • (By Invitation Only)	• Mizzoni	• Studio A
12:00PM-1:00PM	• Beginning Tap	• Miegel	• Studio A
6:00PM-7:00PM	• Beginning Tap	• Miegel	• Studio C
7:00PM-8:00PM	• Beginning Ballet	• Normann	• Studio A
7:00PM-8:00PM	• Advanced Beginning Ballet	• Bernero	• Studio B
7:00PM-8:00PM	• Intermediate Tap	• Miegel	• Studio C
Wednesday			
10:00AM-11:30AM	• Intermediate Ballet	• Fadeyeva	• Studio A
11:30AM-12:00PM	• Beginning/Intermediate Pointe • (By Invitation Only)	• Fadeyeva	• Studio A
6:00PM-7:00PM	• Musical Theatre Dance	• Siller	• Studio D/E
7:00PM-8:00PM	• Beginning Ballet	• Siller	• Studio D/E
7:15PM-9:00PM	• Intermediate Ballet & Pointe	• Mohamed	• Studio B
7:30PM-8:30PM	• Stretch Tone Yoga (Zoom)	• Mirabello	• Zoom
8:00PM-9:00PM	• Flamenco	• Fadeyeva	• Studio A
8:00PM-9:00PM	• Modern/Contemporary	• Toth	• Studio C
Thursday			
9:15AM-10:15AM	• Center Floor Barre	• Rubin	• Studio A
10:15AM-11:45AM	• Intermediate Ballet	• Rubin	• Studio A
7:00PM-8:30PM	• Advanced Beginning Ballet	• Wilde	• Studio A
7:00pm-9:00pm	• Intermediate Ballet & Variations	• Gilmore	• Studio A
Friday			
6:00PM-8:00PM	• Ballroom	• Smith	• Black Box
Saturday			
8:30AM-10:00AM	• Intermediate Ballet	• Bernero	• Studio B
10:00AM-11:00AM	• Beginning Ballet	• Bernero	• Studio B
11:15AM-12:15PM	• Mat Pilates (2nd and 4th Sat/mo)	• Wilklow	• Black Box
12:30PM-1:30PM	• Advanced Beginning Ballet	• Edmunds	• Studio A

Class Cards/Drop In Rate/Unlimited passes:

Class Drop-in Rate: \$20 per class	10 Class Card: \$165 (Valid for 6 months)
Unlimited 30 day Class Pass: \$175	20 Class Card: \$295 (Valid for 6 months)
College Student Class Card Rates (valid ID required): 10 class card - \$75 and 20 class card - \$125 (both valid for 6 months)	

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* Active duty military discount of 10% off applies to full price class cards and is not valid on student rates, drop in, or unlimited pass