

**Virginia Ballet Company and School**  
**2024-2025 Fall Curriculum Class Schedule**  
**Adult Dance Program**  
**August 26, 2024 - January 25, 2025**

<b>Monday</b>			
10:00AM-11:30AM	• Advanced Beginning Ballet	• Miegel	• Studio A
11:30AM-12:30PM	• Dynamic Flexibility	• Miegel	• Studio A
2:00PM-3:00PM	• Mat Pilates	• Wilklow	• Studio C
7:00PM-8:00PM	• Beginning Ballet	• Wilde	• Black Box
7:30PM-8:30PM	• Intermediate Ballet	• Mohamed	• Studio A
7:30PM-8:30PM	• Stretch Tone Yoga ( <b>ZOOM</b> )	• Mirabello	• Zoom
8:00PM-9:00PM	• Jazz	• Kudinova	• Black Box
8:30PM-9:15PM	• Pointe ( <b>By Invitation Only</b> )	• Mohamed	• Studio A
<b>Tuesday</b>			
10:00AM-11:00AM	• Beginning Tap	• Miegel	• Studio A
11:00AM-12:30PM	• Intermediate Ballet	• Mizzoni	• Studio A
12:45PM-1:15PM	• Beginning/Intermediate Pointe ( <b>By Invitation Only</b> )	• Mizzoni	• Studio A
7:30PM-8:30PM	• Beginning Ballet	• Bernero	• Studio B
7:30PM-8:30PM	• Intermediate Tap	• Miegel	• Studio A
<b>Wednesday</b>			
10:00AM-11:30AM	• Intermediate Ballet	• Fadeyeva	• Studio A
11:45AM-12:15PM	• Beginning/Intermediate Pointe ( <b>By Invitation Only</b> )	• Fadeyeva	• Studio A
6:30PM-7:45PM	• Advanced Beginning Ballet	• Gilmore	• Studio D/E
7:15PM-8:15PM	• Intermediate Ballet	• Mohamed	• Studio B
7:30PM-8:30PM	• Stretch Tone Yoga ( <b>ZOOM</b> )	• Mirabello	• Zoom
7:45PM-8:30PM	• Pointe Prep/Beginning Pointe	• Gilmore	• Studio D/E
8:00PM-9:00PM	• Flamenco	• Fadeyeva	• Studio A
8:00PM-9:00PM	• Modern/Contemporary	• Toth	• Studio C
8:15PM-9:15PM	• Pointe ( <b>By Invitation Only</b> )	• Mohamed	• Studio B
<b>Thursday</b>			
9:15AM-10:15AM	• Center Floor Barre	• Rubin	• Studio A
10:15AM-11:45AM	• Intermediate Ballet	• Rubin	• Studio A
6:45PM-8:00PM	• Advanced Beginning Ballet	• Wilde	• Studio D/E
8:00PM-9:00PM	• Jazz	• Hart	• Studio D/E
<b>Friday</b>			
6:00PM-8:00PM	• Ballroom	• Smith	• Black Box
7:00PM-8:00PM	• Beginning Tap	• Miegel	• Studio D
<b>Saturday</b>			
8:30AM-10:00AM	• Intermediate Ballet	• Bernero	• Studio B
10:15AM-11:15AM	• Beginning Ballet	• Bernero	• Studio B
11:15AM-12:15PM	• Mat Pilates (2nd and 4th Sat/mo)	• Wilklow	• Black Box

**Class Cards/Drop In Rate/Unlimited passes:**

Class Drop-in Rate: \$20 per class	10 Class Card: \$165 (Valid for 6 months)
Unlimited 30 day Class Pass: \$175	20 Class Card: \$295 (Valid for 6 months)
College Student Class Card Rates (valid ID required): 10 class card - \$75 and 20 class card - \$125 (both valid for 6 months)	

\* Active duty military discount of 10% off applies to full price class cards and is not valid on student rates, drop in, or unlimited pass

*\*Class schedule is subject to change. Virginia Ballet Company and School reserves the right to substitute instructors or to add, cancel, or combine classes on the class schedule based on enrollment.*