

**Virginia Ballet Company and School
2023-2024 Spring Curriculum Class Schedule**

**Adult Dance Program
January 29, 2024- June 16, 2024**

Monday			
10:00AM-11:30AM	• Beginning Ballet	• Miegel	• Studio A
11:30AM-12:30PM	• Modern/Contemporary	• Miegel	• Studio A
7:00PM-8:00PM	• Beginning Ballet	• Siller	• Cardinal Gymnastics
7:00PM-8:00PM	• Intermediate Ballet	• Mohamed	• Studio A
8:00PM-9:00PM	• Pointe (By Invitation Only)	• Mohamed	• Studio A
8:00PM-9:00PM	• Modern/Contemporary	• Siller	• Cardinal Gymnastics
7:30PM-8:30PM	• Stretch Tone Yoga	• Mirabello	• Zoom
Tuesday			
10:00AM-11:00AM	• Beginning Tap	• Miegel	• Studio A
10:00AM-11:00AM	• Mat Pilates	• Wilklow	• Studio B
11:00AM-12:30PM	• Intermediate Ballet	• Mizzoni	• Studio A
11:00AM-12:00PM	• Beginning Ballet	• Miegel	• Studio B
12:45PM-1:15PM	• Beginning/Intermediate Pointe (By Invitation Only)	• Mizzoni	• Studio A
7:30PM-8:30PM	• Beginning Ballet	• Bernero	• Studio C
7:30PM-8:30PM	• Intermediate Tap	• Miegel	• Studio A
Wednesday			
10:00AM-11:30AM	• Intermediate Ballet	• Fadeyeva	• Studio A
7:30PM-8:30PM	• Stretch Tone Yoga	• Mirabello	• Zoom
7:30PM-8:30PM	• Flamenco	• Fadeyeva	• Studio A
7:00PM-8:30PM	• Intermediate Ballet & Pointe	• Gilmore	• Cardinal Gymnastics
Thursday			
9:15AM-10:15AM	• Center Floor Barre	• Rubin	• Studio A
10:15AM-11:45AM	• Intermediate Ballet	• Rubin	• Studio A
7:00PM-8:30PM	• Beginning Ballet	• Wilde	• Cardinal Gymnastics
7:30PM-9:00PM	• Advanced Beginner Ballet	• Gilmore	• Studio C
Saturday			
8:30AM-10:00AM	• Intermediate Ballet	• Bernero	• Studio C

Notes:

- Class Drop-in Rate: \$20
- 10 Class Card: \$165 (Valid for 6 months)
- 20 Class Card: \$295 (Valid for 6 months)
- Unlimited 30 day Card: \$150 (valid for 30 days from 1st class)
- College Student Class Card Rates: 10 class card - \$75 and 20 class card - \$125 (both valid for 6 months)

**Class schedule is subject to change. Virginia Ballet Company and School reserves the right to add, cancel, or combine classes on the class schedule based on class enrollment and or substitute instructors.*