

Virginia Ballet Company and School Dress Code 2023-2024

Virginia Ballet Company and School instills dancers with pride in themselves, discipline, and respect for their art form. Pride in themselves begins with how they present themselves in class and during performances. All dancers are ambassadors for VBC. We ask all of our dancers to abide by the dress code policy.

1. **All dancers** must enter and exit the studio with clothing covering their leotard, tights or dance leggings.
2. Street shoes or dance booties, **not** ballet flats, jazz shoes, character shoes, or tap shoes, should be worn into and out of the studio to preserve the integrity of the dance floor surfaces.
3. No oversized t-shirts, sweatshirts, or shorts are allowed to be worn in class.
4. No jewelry is allowed to be worn in class, with the exception of very small earring studs.
5. Ballet/dance sweaters and leg warmers are encouraged during cold weather months.
6. We ask dancers aged 9+ to wear clear gel or roll-on deodorant to class and during performances as sweat stains costumes.
7. Dancers should bring extra tights/leotards/leggings/shirts to class so they can change between classes if their attire becomes wet.
8. VBC performers are expected to present themselves in a professional manner. Attire at the theater or during outdoor performances must be professional—VBC warm ups, VBC t-shirt, dress, or pants and a nice shirt.
9. **Hair** must be neatly pulled up into a **secure bun**. If hair length or texture does not allow for a bun, hair must be pulled back and secured in a short ponytail or braid that is close to the head. Dancers with short hair must secure hair so that it is out of their face.
10. If dancer's hair comes out during class, the dancer must ask the teacher to be excused to re-secure it. If they need assistance, teacher assistants are there to help.

If you have any questions, please contact the VBC Front Desk at vbcinfo@vaballet.org for further assistance.

Virginia Ballet Company and School Dress Code 2023-2024



Adult & Me and Creative Movement

Light Blue

Tank:

Capezio - CC201C

Theatricals: TH5512C

Short Sleeve:

Capezio - CC400C

Theatricals - N5502C

Please see pgs. 23-24 for required tights and shoes



Pre-Ballet I & Pre-Ballet II

Lavender (If you have light pink from last year, you may wear it. If purchasing a new one, please purchase Lavender)

Please be sure to purchase a leotard without an attached skirt.

Tank:

Capezio - CC201C

Theatricals: TH5512C

Short Sleeve:

Capezio - CC400C

Theatricals - N5502C

Please see pgs. 23-24 for required tights and shoes



Homeschool Dance

Female Dancers:

Pre-Ballet- Lavender Leotard

Beginning Ballet - Royal Blue Leotard

(Please see pertaining level section for style numbers)

Male Dancers: see pertaining section

Please see pgs. 23-24 for required tights and shoes



Male Dancers (all levels)

White shirt

Black dance tights or leggings

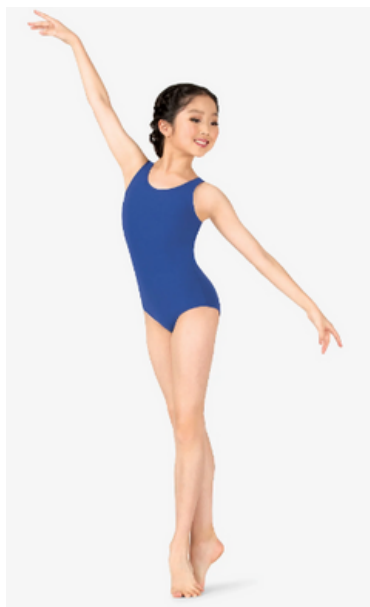
Must wear Dance Belt

Shoes: Black canvas

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Beginning Ballet I, II, & III



Child Sizes:

Plain Tank

Capezio - *CC201C*

Theatricals - *TH5512C*

Princess Tank

Capezio - *CC202C*

Theatricals - *N5501C*

Short Sleeve

Capezio - *CC400C*

Theatricals - *N5502C*

Long Sleeve

Capezio - *TB134C*

Theatricals - *D5103C*



Adult Sizes:

Plain Tank

Capezio - *CC201*

Theatricals - *TH5512*

Princess Tank

Capezio - *CC202*

Theatricals - *N5501*

Short Sleeve

Capezio - *CC400*

Theatricals - *N5502*

Long Sleeve

Capezio - *TB135*

Theatricals - *D5103*

Shoes: Canvas, split-sole, light pink

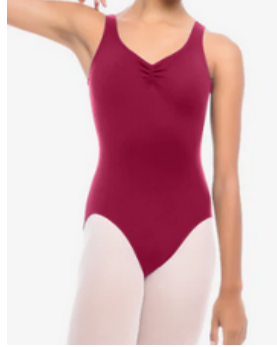
Tights: Convertible/transition, light pink

For specific information please see "Tights, Shoes, and Warm-ups" on *Pages 23-24*

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Intermediate I, II, & III *Burgundy*



Tank (Princess and Pinch styles)

Pinch:

Capezio - CC202
Theatricals - N5501

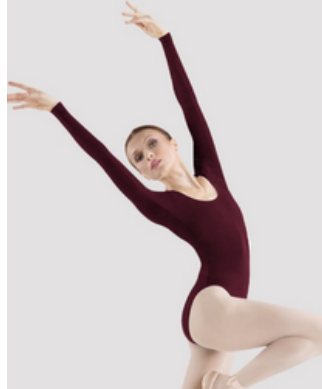
Princess:

So Danca - SL06 Jennifer
Sansha - L2551C Sahara



Short Sleeve (Pinch and Scoop Necklines)

Sansha - C161C Laura
Bloch - L5409 Premier



Long sleeve (Pinch and Scoop Necklines)

Sansha - L4551C Simone
Bloch - M515L Mirella

Shoes: Canvas, split-sole, light pink

Tights: Convertible/transition, light pink

For specific information please see "Tights, Shoes, and Warm-ups" on *Pages 23-24*

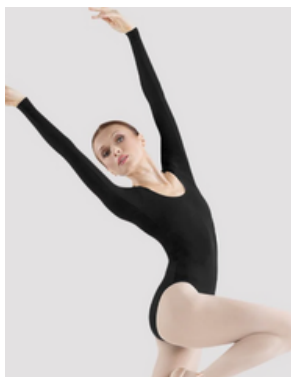
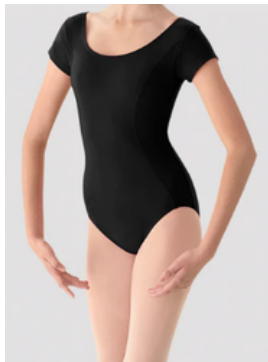
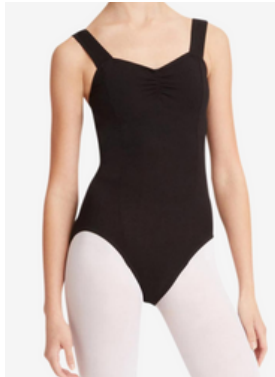
Leotard Color Weekends

Dancers in levels Intermediate I – Advanced will be permitted to wear leotards in colors and styles of their choice every weekend (Friday-Sunday).

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Intermediate IV & Advanced *Black*



Pas de Deux: Cotton leotard **MUST** be worn. Leotards that are not cotton will not be accepted for safety reasons. Sleeved leotards are preferred.

Tank (Princess and Pinch styles)

Pinch:

Capezio - CC202

Theatricals - N5501

Princess:

So Danca - SL06 Jennifer

Sansha - L2551C Sahara

Short Sleeve (Pinch and Scoop Necklines)

Sansha - *C161C Laura*

Bloch - *L5409 Premier*

Long sleeve (Pinch and Scoop Necklines)

Sansha - *L4551C Simone*

Bloch - *M515L Mirella*

Shoes: Canvas, split-sole, light pink

Tights: Convertible/transition, light pink

For specific information please see "Tights, Shoes, and Warm-ups" on *Pages 23-24*

Leotard Color Weekends

Dancers in levels Intermediate I – Advanced will be permitted to wear leotards in colors and styles of their choice every weekend (Friday-Sunday).

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Character Classes

Beginning Ballet II - Intermediate II



Skirt: Bodywrappers **Style 0411** Above Knee Circle Skirt

Shoe: Move Dance **Judy MO K0021** 1" Cuban Heel

Or: Bloch, **Tempo Accent S0325G** Canvas

Intermediate III - Advanced



Skirt: Body Wrappers **Style 989** High-Low Sheer Skirt

Shoe: Move Dance **Julie MO K0020BLK225** 1.25"

Cuban Heel

Or: Block **Tempo Accent S0325L** Canvas

Flamenco Classes

Dress Code Leotard

Flamenco Skirt - Black (size and brand are flexible)

Character shoes (see above)

Flamenco Full-Size Fan & Castanets (Size 5) - These items can be purchased through VBC



Contemporary, Modern, Acro, Tap, & Jazz Classes



Dress Code leotard and tights must be worn. (See appropriate level).

Tights: Must be convertible (removable foot)

Socks allowed at teacher discretion, typically barefoot.

Dance shorts or leggings may be worn, but they must fit close to the body to allow teachers to see movements and make corrections.

Warm up clothing including trash-bag pants are only allowed at the discretion of the teacher.

Jazz Class: Jazz shoes required



Tap Class: Tap shoes required



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Shoes, Tights, and Warmups

Policy Reminder: All dancers MUST arrive and depart from the studio wearing street clothes and street shoes, even during warmer months. It is not acceptable to arrive wearing just a leotard and tights. Wearing ballet shoes outside will damage both the shoes and our studio floors. Thank you for abiding by this policy.

Ballet Shoes



Required: Canvas, split sole, light pink

Beginning Ballet I - Advanced: must have ribbons sewn on shoes. Ribbons available for sale at VBC Front Office.

Warm ups

These photos are suggestions. Knitwear is preferred (legwarmers, wrap sweaters, jumpers). Instructors may ask that plastic pants be removed.

Tights



Light pink dance tights. Brand is flexible.

Beginning Ballet I - Advanced must wear convertible./transition tights (removable foot)



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Hair

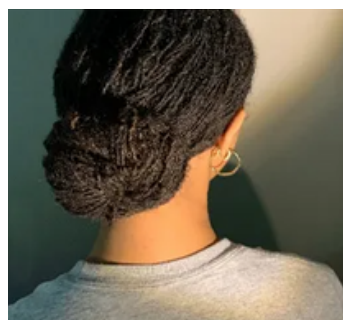
Hair for class should be neatly pulled back away from the face and secured in a bun if possible.

Hair donuts should *not* be used.

Dancers who enter class without their hair done will be asked to leave the classroom to fix their hair before entering.

Hair supplies with instructions are available for purchase at the Front Office.

Male Dancers, or those with short hair, should neatly groom their hair away from their face and neck.

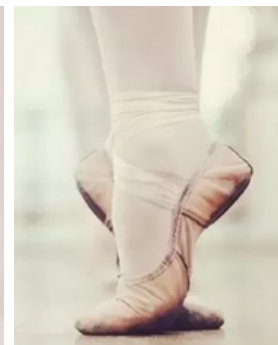
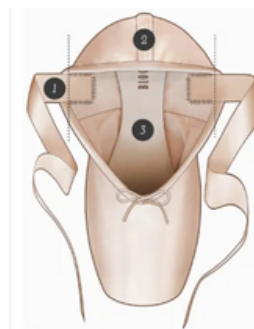


Ribbons

For Beginning Ballet I through Advanced, dancers must sew satin ribbons on their flat shoes.

Ribbons are available for sale at the Front Office.

We will cut the ribbons to the correct size for your dancer and provide you with instructions.



Suggested Retailers

Brick & Mortar:

Liesl Dancewear – Woodbridge
The Dance Shoppe - Centreville
The Cinnamon Tree – Herndon & Manassas

Online:

Amazon Smile – please consider supporting VBC
Discount Dance Supply
Brand specific websites

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